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*[English] The Heart Sutra -  
Lecture 1 - Ven. Guan Cheng  
Essence of the Prajna  
Paramita Heart Sutra*

????????-???? Essence of the  
Heart Sutra

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Plum Village Chanting Heart  
Sutra **Dalai Lama Discourse on**

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**the Heart Sutra (2004)** ~~The~~  
Heart Sutra – (a word for  
word explanation) ~~The Heart~~  
~~Sutra – Prajnaparamita – The~~  
Perfection of Wisdom

Form is Emptiness *Heart Sutra*  
*in English* **The Heart Sutra**  
**of Mahayana Buddhism as**  
**Explained by The Fourteenth**  
**Dalai Lama of Tibet** *Why are*  
*the Heart Sutra and the*  
*Diamond Sutra so popular*  
*with Buddhists? (GDD-1109) DVD*

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♪ PRAJNA PARAMITA HRDAYA  
SUTRAM SANSKRIT ★ Imee Ooi ★  
Prajna Paramita Heart Sutra  
Mantra with Lyrics

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???????????? (Heart Sutra) -  
??? (Imee Ooi) Bhagavan |  
Sanskrit | Healing Frequency  
. ♪ . ♪ ? BGM ? ? ? ? ? ? ? ? -- Buddhist

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~~song The Heart Sutra  
Devotional Relaxing  
music - Sacred Chants of  
Shiva (full album) - Yoga  
meditation - Om Namah  
Shivaya Mantra of  
Avalokitesvara (Eleven Faced  
Avalokitesvara Heart Dharani  
Sutra) Prajna Paramita Heart  
Mantra Buddha | Heart Sutra  
| Video: Barun Dey | The  
Heart Sutra as Translated by  
Thich Nhat Hanh Read by Drew  
Jones  
[ 2 HOUR ] Prajna-  
paramita Hridaya Sutram (The  
Heart Sutra)~~

---

om mani padme hum

---

The Heart Sūtra Mantra by  
Deva Premal

---

Heart Sutra (Prajna  
Paramitha Hridaya Sutra) -

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Lyrics Sanskrit and English

Heart Sutra Mantra

--Prajnaparamita ♡ Chant

\ "The Heart Sutra" ♡ Gate

Gate Pāragate Pārasaṃgate

Bodhi Svāhā ♡ Follow The

Words On Screen

---

Buddhist Heart Sutra in

Sanskrit The Heart Sutra [1]

*Day 1 Morning -- The Heart*

*Sutra \u0026 37 Practices*

~~Heart Sutra~~ **Heart Sutra by**

**Lama Khenpo Pema Choepel**

**Rinpoche, Very Powerful -**

**with Lyrics (2 hours) The**

~~Essence Of Heart Sutra~~

The Heart Sutra (in

Sanskrit, Prajnaparamita

Hridaya), possibly the best

known text of Mahayana

Buddhism, is said to be the

pure distillation of wisdom

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(prajna). The Heart Sutra is also among the shortest of sutras. An English translation can easily be printed on one side of a piece of paper.

~~The Essence of the Heart Sutra - Learn Religions~~  
Buy Essence of the Heart Sutra: The Dalai Lama's Heart of Wisdom Teachings Unabridged by Dalai Lama XIV, Zackman, Gabra, Thupten Jinpa (ISBN: 9781531835705) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

~~Essence of the Heart Sutra:  
The Dalai Lama's Heart of~~

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In *Essence of the Heart Sutra*, the Dalai Lama masterfully unpacks the Heart Sutra so that any reader can benefit from its teachings - teachings meant to help us release ourselves from suffering and live with true compassion. Comprised of his "Heart of Wisdom" talks, originally delivered to thousands of listeners in 2001, the book offers the Dalai Lama's commentary as well as his easy-to-follow overview of Buddhist philosophy that places the sutra within its historical and philosophical ...

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Lama. For more than 2,000  
years, the Heart Sutra has  
been of central importance  
to millions of Buddhists.  
Whether memorized, chanted,  
or studied, this sacred text  
is often looked to for  
inspiration. Based on talks  
the Dalai Lama gave in the  
spring of 2001, Essence of  
the Heart Sutra is a  
masterful translation of the  
Dalai Lama's teachings and  
reflections on the Heart  
Sutra, teachings that  
provide fresh insights on  
...



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The heart of the  
Prajñaparamita Sutra is  
regarded as the essence of  
Buddhist teaching, offering  
subtle and profound  
teachings on non-duality and  
the letting go of all  
preconceived notions,  
opinions, and attachments,  
and so becoming open to all  
the wonders of our life.

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In its enigmatic 25 lines,  
the Heart Sutra is one of  
the most difficult of  
Buddhist Scriptures but also

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one of the most rewarding.  
It is a basic text of  
Mahayana Buddhism and  
recited daily in monasteries  
and by practicing Buddhists  
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Jinpa Ph.D., Geshe Thupten,  
Dalai Lama, Thupten Jinpa:  
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Sutra, the Dalai Lama

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masterfully unpacks the Heart Sutra so that any reader can benefit from its teachings—teachings meant to help us release ourselves from suffering and live with true compassion. Comprised of his “Heart of Wisdom” talks, originally delivered to thousands of listeners in 2001, the book offers the Dalai Lama’s commentary as well as his easy-to-follow overview of Buddhist philosophy that places the sutra within its historical and ...

~~Essence of the Heart Sutra—  
The Wisdom Experience~~

In the western world, this sutra is known as the Heart

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Sutra (a translation derived from its most common name in East Asian countries). But it is also sometimes called the Heart of Wisdom Sutra. In Tibet, Mongolia and other regions influenced by Vajrayana, it is known as The [Holy] Mother of all Buddhas Heart (Essence) of the Perfection of Wisdom.

~~Heart Sutra - Wikipedia~~

The Heart Sutra is the essence of the Perfection of Wisdom class of sutras, which represent the "Second Turning of the Wheel of Dharma". That is to say, the second main set of teachings by the Buddha. The First Turning was on the Four

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Noble Truths. The Third  
Turning was on Buddha  
Nature.

~~Amazon.com: Essence of the  
Heart Sutra: The Dalai  
Lama's ...~~

The heart essence of  
unconventional wisdom The  
Heart Sutra is a condensed  
statement of the whole of  
the Buddhist view of the  
nature of reality. Its  
subject, the non-duality of  
form and emptiness, is  
central to all Buddhism,  
particularly Dzogchen. It is  
called sNying mDo in Tibetan  
and Prajñāparamitahridaya  
Sutra in Sanskrit.

~~Aro — The Heart Sutra~~

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Heart Sutra, Sanskrit  
Prajnaparamitahridaya-sutra  
("Discourse on the Heart of  
the Perfection of Wisdom"),  
in Mahayana Buddhism, an  
extremely brief yet highly  
influential distillation of  
the essence of  
Prajnaparamita ("Perfection  
of Wisdom") writings, much  
reproduced and recited  
throughout East and Central  
Asia.

~~Heart Sutra | Buddhist text  
| Britannica~~

The Dalai Lama On The Heart  
Sutra In its enigmatic 25  
lines, the Heart Sutra is  
one of the most difficult of  
Buddhist Scriptures but also  
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It is a basic text of  
Mahayana Buddhism and  
recited daily in monasteries  
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The Heart Sutra is the  
essence of the Perfection of  
Wisdom class of sutras,  
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Turning of the Wheel of  
Dharma". That is to say, the  
second main set of teachings  
by the Buddha. The First  
Turning was on the Four  
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Heart Sutra, also known as The Essence of Wisdom is a popular sutra in Mahayana Buddhism. Recited daily by many Buddhist practitioners, this is the shortest of the Perfection of Wisdom texts. Heart Sutra practice opens the connection between the understanding of emptiness and the five stages of the path to enlightenment.

~~Heart Sutra: Hidden Meaning  
Of the Sacred Text —~~

~~SOLANCHA~~

Essence of the Heart Sutra:  
The Dalai Lama's Heart of  
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Lama, Jinpa, Geshe Thubten,  
Zackman, Gabra:

Amazon.com.au: Books

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The Dalai Lama's Heart of~~

~~...~~

Heart Sutra means to understand the complete truth by heart - make heart free and open, heart enjoy and love life though kindness, care, joy, and freedom, stay sharp and always free, don't get tricked again by illusion, help people but not get lost in the trick of illusion, trick of consciousness, awareness experience and guide them in towards a spiritual direction: that's

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the way all Buddhas became  
bodhisattva and finally  
after lifetimes doing that,  
one day their heart complete  
satisfied.

~~A summary of the Heart Sutra  
+ The Secret Truth of Life~~

With additional  
contributions by scholar and  
translator Thupten Jinpa,  
Essence of the Heart Sutra  
is the authoritative  
presentation of a text  
seminal to the world's  
religious heritage. ©2005  
Tenzin Gyatso, the  
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